



## Ten fabulous reasons to visit

# ANTIGUA AND BARBUDA

*The beach is just the beginning...*

To book please contact your local travel agent or tour operator

- Choose from 365 beaches, one for every day of the year
- Plunge into clean, clear turquoise waters, perfect for swimming, diving and sailing
- Swim with stingrays in their natural habitat
- Paddle a kayak through mangroves
- Take an adrenaline-fuelled Rain Forest Canopy Tour
- Circumnavigate the Islands by catamaran
- Sink your toes into the perfect pink sands of Barbuda and visit the amazing Frigate Bird Sanctuary
- Take a trip back in time and explore historic Nelson's Dockyard and Falmouth Harbour
- Savour the spicy sensation of traditional Antiguan cuisine and our 'knock-out' rum punch
- Chill out to Reggae, Steel Band and Soca music at the exotic Shirley Heights 'Jump Up'

